



VIXEN HAIR  
EXTENSIONS

## AFTER CARE INSTRUCTIONS

*Not following aftercare instructions will result in your hair becoming dry and damaged*

### PRE-APPLICATION

Please follow the below steps within 24 hours of application (this needs to be followed if you have a break between removal and re-fitting too):

- 1. Wash your hair twice with Clarifying Shampoo**  
*This will remove any product build up*
- 2. DO NOT CONDITION YOUR HAIR**  
*This can cause the extensions to slip once fitted*
- 3. Straighten your hair**  
*The extensions will be fitted straight as it is easier to blend*

### REMOVAL / RE-FITTING

Hair extensions must be removed and refitted every 6 to 8 weeks by a qualified hair extension technician. This is absolutely vital to ensure minimal damage is done to your own hair or the extensions. At fitting, our extensionist will arrange your appointment to ensure this time frame isn't missed accidentally.

We advise that the removal and refitting is completed in two sessions, however both services can be completed at the same time if preferred. Separating removal and re-fitting appointments allows you to properly clean your hair with clarifying shampoo in between, removing any build-up of product, adhesive or bond residue. Please follow the 'Pre-application' steps above prior to your 'Re-Fitting' appointment.

*Please note, it is normal to lose up to 15 hair strands whilst the extensions are fitted. These can be saved and re-used.*

### BRUSHING / SEPERATING

Always ensure you use a hair extension brush / tangled teaser to prevent hair extensions slipping. Your hairbrush must not have balls on the end of the bristles. Be gentle and hold the tops of the extensions while starting to brush any tangles from the bottom.

Ensure you are separating the strands regularly at the root with your fingertips to avoid any matting (this should not be done with weft extensions or tape extensions). Natural hair sheds everyday (the average person loses around 100 hairs a day) so it is vital the bonds are separated so that matting does not occur between the extension and the natural hair.

### WASHING

Brush your hair prior to washing to aid less tangling and damage. Only use products recommended by our stylist's. These must be sulphate free. Some products can shorten the lifespan and quality of the hair extensions. We do not recommend most hair oils as these can cause the hair to bunch together and slip. Instead, we recommend protein spray or hair extension boost masks.



VIXEN HAIR  
EXTENSIONS

## AFTER CARE INSTRUCTIONS

See below our product recommendations. These can be purchased locally or online.

Try not to wash hair extensions more than twice a week as this can cause extra stress to the extensions. When washing your hair, do not rub the extensions - gently massage the recommended shampoo into the hair and rinse. Only apply conditioner from the middle to the ends of the hair (avoiding the bonds). Lightly press the moisture out of the extension with a towel after washing. Do not rub together the hair with the towel as this will cause knotting. Be extra careful brushing when hair is wet – read below.

Never let the hair air dry as this can cause matting and make the extensions difficult to brush. The hair must be blown dry following washing. Never sleep with wet hair.

### HEAT APPLIANCES

Heat appliances such as straighteners, hair dryers or curling tongs are fine to use however, overuse can cause drying and breakage. Avoid the top of the extensions when applying any heat, as this can damage and melt the bonds (causing fall out or damage to natural hair via bond residue). Always use heat protection spray.

### SLEEP

The hair must be tied into a loose plait to sleep - this avoids matting at the bonds and tangling of the lengths. Do not tie your hair up on to the top of your head to sleep. This will cause matting on the bottom rows of your extensions due to friction with the pillow. We recommend the use of a 100% pure silk pillowcase (these can be purchased on Amazon and many other different websites) as this helps to reduce tangling. Due to the softness of the material, the hair slides across the surface. Silk pillows have many other health benefits too. Never go to bed with wet hair.

### COLOURING HAIR

We only provide the highest grade of her extension at Vixen Hair. This means that the hair can be coloured if desired. However, we do not recommend the colouring of extensions as drying may occur and the lifespan of the hair will be shortened. IT is recommended that you engage a professional colourist to make any colour changes to your extensions. This is done at your own risk. The use of sulphate free toners is acceptable however, be aware that unnecessary processing may still dry out the extensions.

Your own hair can be coloured whilst the extensions are in, as long as the chemicals do not touch the tips or bonds of the extensions. We advise you only have your T section coloured where necessary to avoid risking the accidental colouring of your hair extensions

### HOLIDAYS, SWIMMING AND SUN BEDS

Suncream, Chlorine and salt water can dry out hair extensions and cause them to become discoloured. This is not a fault with the hair, but the chemicals and minerals in the water. This impacts the lifespan of the extensions. We do not recommend swimming whilst wearing extensions, however, if you choose to, ensure you plait the hair to avoid tangling and try to keep them as dry as possible (e.g wear a swimming cap).

UV Rays can dry out, fade or discolour extensions and breakdown bonds, so wrap the here in a towel if you use the sunbed.

Hair extensions gone Brassy or discoloured after your jolly's? Bring them back to life with Malibu Hard Water Treatment. Purchase online.



VIXEN HAIR  
EXTENSIONS

## AFTER CARE INSTRUCTIONS



ONLY USE PRODUCTS  
RECOMMENDED BY  
YOUR SPECIALIST



USE HEAT PROTECTOR  
SPRAY

EXCESSIVE HEAT CAN  
MELT THE BONDS



BRUSH GENTLY WITH  
A SOFT HAIR  
EXTENSION BRUSH



ENSURE HAIR IS DRY  
AND TIED BACK  
BEFORE SLEEPING



SEPARATE BONDS AT  
THE ROOT DAILY TO  
AVOID MATTING



TIE HAIR BACK WHEN  
EXERCISING

AVOID CHLORINE AND  
SEA WATER



SUN, SUNCREAM AND  
SUN BEDS CAN DRY,  
FADE AND DISCOLOUR  
EXTENSIONS



YOU MUST HAVE A  
MAINTENANCE  
APPOINTMENT EVERY  
6-8 WEEKS



ENJOY YOUR  
BEAUTIFUL NEW  
HAIR!